

MAINE ASSOCIATION FOR SEARCH AND RESCUE

Rescue Team Member Certification

Individual Documentation and Test Checklist

Name: _____

Tests or Certifications	Yes/No	Signature	Date
STM Certification			
CPR			
First Aid			
Aerobic Fitness			
Knowledge Tests	Yes/No	Signature	Date
Golden Hour significance			
Rescue triage definition/significance			
Rescue scenario evaluation			
Define low, steep, and high angle terrain			
Rescue systems hazards and skills			
Rescue operation speed/safety factors			
Rescue operation personnel functions			
Rope rescue system factor effects			
Verbal commands			
Whistle signals			
Rope log completion			
Other unit inspection log completion			
PPE selection			
PPE use			
Rope, cord, and carabiner strengths			
Rescue litter advantages/disadvantages			
Unit equipment selection and use			
Inspect personal and team equipment			
Clean and repack equipment			
Bowline with tie-off			
Interlocking long-tail bowlines			
Figure 8 follow-through			
Figure 8 on a bight			
Butterfly knot			
Stopper knot			
Ring bend			
Double overhand bend			
Münter hitch			
Clove hitch			
Triple wrap Prusik hitch			

Load release hitch			
Improvised seat harness			
Improvised chest harness			
Multiple victim triage scenario			
Basic patient emergency care			
Personal protective equipment			
Patient body fluid isolation			
Patient care during extended transport			
Extended transport effects mitigation			
Patient care transfer to EMS			
Package patient in litter			
List natural anchors			
Anchor system design considerations			
Belay system purpose and function			
Main line system purpose and function			
Edge transition vectoring			
Field Tests	Yes/No	Signature	Date
Rig litter for steep angle rescue			
Rig litter for high angle rescue			
"Wrap 3 Pull 2" anchor			
High strength tie-off			
Two-point distributive anchor			
Anchor back tie			
Vehicle as anchor			
Attendant on steep angle litter carry			
Construct Tandem Prusik Belay system			
Operate Tandem Prusik Belay system			
Construct main line system			
MA systems			
Operate main line system			
Pass knot through main line system			
Ascend rope			
Rappel			
Descend to ascend conversion			
Edge restraint construction			
Vector load			
Edge transition			